| **Welcome and opening circle**  | **10:15 to 11:00** | Area |
| --- | --- | --- |
| **Session 1**  | **11:00 to 12:30** |  |
| Muscle Testing | Tina Zimmer | 2 |
| Fear is Heavy — Let It Go and Lead | Cinthia Varkevisser | 1 |
| Journey Into Wholeness: A Shamanic Journey & Hands-On Reiki Healing Experience | Tiffany and Donna Gianfala  | 5 |
| Angelic Reiki and yoga in the morning | Patricia V Wright  | 4 |
| Animal Communication | Kathrine LaFleur | 3 |

**Lunch is 12:30 to 1:30
you are invited to sit and talk with Annie Blackstone near the center Alter**

| **Session 2**  | **1:30 to 3:00** |  |
| --- | --- | --- |
| Learn to Journey & Meet a Spirit Ally  | Bre Trevino | 5 |
| A deeper meaning of aloha is “in the heart of the universe, the divine breath.”  | Kaleo and Elise Ching  | 4 |
| Conversations amid the redwoods  | Tina Zimmer | 2 |
| Mind Power: Making Decisions | Michelle Walters | 1 |
| Spiritual Hygiene | Atzimba Mirés | 3 |

| **Session 3**  | **3:00 to 4:30** |  |
| --- | --- | --- |
| Explore a Past Life (2 hours might go into lunch)  | Holly Holmes Meredith | 1 |
| Primordial Radiance - a 5Rhythms® dance movement session | Qibei Shen Steiner | 4 |
| Crystal Spring Harmonics  | Carmela Obscura | Alter space  |
| Connecting to the Unseen Worlds with Shamanic Journeying | Corey Rothermel  | 5 |
| Hypno Games for Trance Fans  | Jenny Bitner | 2 |
| **Closing circle**  | **4:30 to 5:00** |  |